

Attention Deficit Hyperactivity Disorder Checklist

Please rate yourself in the following areas. Use your best judgment about whether the symptoms are frequent and cause disruption in multiple life areas.

Use the following scale:

- 0 = Not Present or Rarely Present;**
- 1 = Sometimes Present (1-2 times a week)**
- 2 = Often Present (almost daily)**
- 3 = Almost Always Present (virtually daily)**

<i>INATTENTION Symptoms:</i>	0	1	2	3
Trouble paying close attention to details or making careless mistakes in schoolwork, work, or other activities:				
Difficulty sustaining attention in tasks or play activities:				
Trouble listening when spoken to directly:				
Often do not follow through on instructions, finish homework or work assignments:				
Difficulty organizing tasks and activities:				
Avoid, dislike, or am reluctant to do tasks that require sustained concentration such as schoolwork or homework:				
Often lose things such as toys, assignments, tools:				
Easily distractible by extraneous stimuli:				
Often forgetful in daily activities:				

<i>HYPERACTIVITY Symptoms:</i>	0	1	2	3
Often fidget with hands or feet or squirms in seat:				
Often leave seat in classroom or other situations in which being seated is expected:				
Often run about or climbs excessively in inappropriate or has a feeling of restlessness :				
Often have difficulty playing in or engaging in leisure activities quietly :				
Often "on the go" as if driven by a motor:				
Often talk excessively :				
<i>IMPULSIVITY Symptoms:</i>				
Often blurt out answers before questions have been completed:				
Often have difficulty awaiting turn :				
Often interrupt or intrude on others:				

<i>Time criteria:</i>	Yes	No	Comments
Did you have these symptoms as a child (before age 7)?			
Were/are these symptoms present in more than one setting (e.g., work, home, or school)?			
Did these symptoms cause significant impairment in social, academic, or occupational functioning?			
Do you have other psychiatric or medical conditions that could account for these symptoms?			